

Wellness Retreats

Avoid Airport Stress

Enjoy a week-long retreat in Ireland

Burren Yoga Luxury Retreat

County Galway - Clare, West Coast of Ireland

July - 4 Week-long retreats

- 03 - 09 Yoga for Menopause and beyond - Niamh Daly
- 10 - 16 Midsummer Yoga & Vitality - Margarida Tree
- 17 - 23 Breath-Led Yoga & Meditation - Eleanor Dawson
- 24 - 30 Satyananda Yoga & Meditation - Dave Brocklebank

August - 3 Week-long retreats

- 31 - 06 Mind Body Soul Retreat - Niamh Jones
- 14 - 20 Summer Wellness and Yoga Retreat Margarida Tree
- 21 - 27 Vinyasa flow & Yin Yoga - Carmel Cronin
- 28 - 3rd Teachers yoga retreat - Lisa Petersen

September - 2 Week-long retreats

- 11 - 17 Breath-led Yoga & Meditation - Eleanor Dawson
- 18 - 24 Yin yoga and meditation - Niamh Daly

October - 4 Weekend retreats & Bank Hol w/e

- 02 - 04 Autumn Wellness Yoga Retreat - Margarida Tree
- 09 - 11 Vinyasa flow & Meditation - Margarida Tree
- 16 - 18 Hatha flow yoga & Meditation - Grainne O'Malley
- 23 - 26 **Bank Hol** Yin Yoga & Meditation - Niamh Daly
- 30 - 01 Hatha yoga and Meditation - Karolina O'Brien

Nov - Dec - 5 Weekend retreats & New Year week

Every weekend to 6th Dec & 27th Dec - 2nd Jan

Book any 2 to 6 Nights
on week long retreats



 @BurrenYoga



www.BurrenYoga.com

Phone 091 - 637680



New Luxury Retreat Centre
Amazing vegetarian food
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Every weekend all year round
Week-long retreats
every week during summer

Book 2 to 6 nights



Suitable for complete beginners
to advanced

Luxury en-suite bedrooms



Luxury Retreat Centre
built 2021