

Wellness Retreats

Avoid Airport Stress

Enjoy a week-long retreat in Ireland

Burren Yoga Luxury Retreat

County Galway - Clare, West Coast of Ireland

June - 3 Week-long retreats

- 05 - 11 Midsummer Yoga & Vitality - Margarida Tree
- 12 - 18 Breath work & Individualised yoga - Paula O'Hanlon
- 26 - 2nd Jul Hatha flow & Yin yoga - Grainne O'Malley

July - 4 Week-long retreats

- 03 - 09 Yoga for Menopause and beyond - Niamh Daly
- 10 - 16 Midsummer Yoga & Vitality - Margarida Tree
- 17 - 23 Breath-Led Yoga & Meditation - Eleanor Dawson
- 24 - 30 Satyananda Yoga & Meditation - Dave Brocklebank

August - 3 Week-long retreats

- 31 - 06 Mind Body Sould Retreat - Niamh Jones
- 14 - 20 Summr Wellness and Yoga Retreat - Margarida Tree
- 21 - 27 Vinyasa flow & Yin Yoga - Carmel Cronin
- 28 - 3rd Teachers yoga retreat - Lisa Petersen

September - 2 Week-long retreats

- 11 - 17 Breath-led Yoga & Meditation - Eleanor Dawson
- 18 - 24 Yoga for Menopause and beyond- Niamh Daly

Oct - Dec - 12 Weekend retreats

Every weekend from 2nd Oct to 6th Dec

Week-long retreats every week

June thro' to end of Sept

Book any 2 to 6 Nights
on week long retreats



@BurrenYoga



www.BurrenYoga.com

Phone 091 - 637680



New Luxury Retreat Centre
Amazing vegetarian food
Daily guided outings



Every weekend all year round
Week-long retreats
every week during summer

Book 2 to 6 nights



Suitable for complete beginners
to advanced

Luxury en-suite bedrooms



Luxury Retreat Centre
built 2021